

Facilitating Growth

Nurturing Better Communication

Educational Workshops
Winter

Parent's Hour is a parent's educational/support group for parent's of children with developmental difficulties.

The goal of Parent's Hour is to bring awareness of developmental issues, promote early intervention, target parent concerns and provide the needed parental support and guidance. Each session will have a specific topic to be discussed followed by an open discussion.

Parent's Hour is offered 2x/month (generally the 1st and 3rd Monday of every month) from 6:00-7:00 p.m. There are some date changes due to the holiday schedule.

These educational sessions will be facilitated by Lisa Langweil, an experienced speech and language pathologist and professionals in the community who can offer their expertise on specific topics.

Cost: \$25.00/session
handouts included

Location:

Family Resource and Development Center
41 North Main Street, Suite 303
West Hartford, CT 06107

To register for Parent's Hour, please contact Lisa Langweil at (860) 604-8119 or visit her website at www.facilitatinggrowth.com

Parent's Hour

Winter Calendar

Date	Topic	Presenter
1/23	How to eat the “whole foods” way and why? The effects sugar, food additives and food sensitivities have on behavior and learning.	Pauline Weissman, Certified Clinical Nutritionist
1/30	Understanding the “social side” of language The meaning of social communication and strategies/techniques to foster social language development.	Lisa Langweil, Speech/Language Pathologist
2/6	Identifying Children with Developmental Difficulties A brief overview and management of developmental difficulties including; ASD, ADHD, Specific language impairment and Language/Auditory/Sensory Processing *1.5 hours (6:00-7:30)	Lisa Langweil, Speech/Language Pathologist
2/27	What is Typical for speech and language development? Understanding typical/atypical development, signs and symptoms of a developmental difficulty and the referral process from the beginning.	Lisa Langweil Speech/Language Pathologist
3/5	Success starts in the home: Understanding and implementing planning and organizational strategies to improve behavior and school performance. (overview of executive functioning skills)	Lisa Langweil Speech/Language Pathologist
3/19	Managing your child with High Functioning Autism Spectrum Disorder. A perspective from a parent and professional	Guest speaker to be determined.

About the Presenter:

Pauline Weissman, MS, CNS

Pauline is a Certified Nutrition Specialist with extensive experience with childhood nutrition and food allergies/sensitivities. She presently has a private practice in West Hartford and provides individualized education and food treatment plans for children to help with overall health. You can contact her at (860) 478-0507 or visit her website at goodchoicesbetterlife.com